

# MOCAP NEWS YOU CAN USE!!!!

## DECEMBER 2018 SGMP MOCAP NEWSLETTER



### Our Mission

The Missouri State Capital (MOCAP) Chapter of the Society of Government Meeting Professionals (SGMP) strives to enhance and promote the expertise of government meeting professionals, to improve the quality of, and promote the cost effectiveness of government meetings.

### Our Sponsors



## PRESIDENT'S UPDATE

Happy New Year, Everyone!!!

Let me start by saying I have truly enjoyed spending time with all of you and getting to know you a little better this year. I am honored and thankful for the opportunity to serve as the president of our chapter.

Thank you to the MOCAP members, the MOCAP board, and to our National Board members for making 2018 such a great year! Let's strive to make 2019 the best yet!

Melissa Adams, your 1<sup>st</sup> VP, has an action packed year planned for us! It begins with our monthly education meeting on the 10<sup>th</sup> of January at the American Legion here in Jefferson City. The topic will be "Human Trafficking" with a presentation by Nanette Ward, the Chair of the Central MO Stop Human Trafficking Coalition. The coalition works to raise awareness of human trafficking and to support the local survivors in and around Central Missouri. You won't want to miss it!

Be on the look-out for the National Education Conference Chapter Scholarship Application . It will be available soon. The SGMP National Education Conference will be held the last week of June, the 25th-27th, in Detroit, Michigan! I hope you are planning to go! If you can break away from the office a few days early, get to the hotel by about 2pm on Monday the 24th, as road closure will begin for Freedom Festival Fireworks. The International Freedom Festival is a multi-day celebration marking Canada Day on July 1 and The USA Independence Day on July 4. Detroit, Michigan, and Windsor, Ontario, in Canada jointly celebrate the multi-day festival, drawing about 3.5 million visitors. The Festival began in 1959. This marks the 59th year for the show.

Don't forget to be a Super Saver in 2019! Enjoy a discount when you pay in advance to attend MOCAP's 2019 Education Meetings! Feel free to contact me should you have questions!

Sending you and yours warm heartfelt greetings for the new year!

Beth Rodeman

SGMP MOCAP Chapter President



## December 2018 SGMP MOCAP Meeting

By

Lela Kosteck Bunch

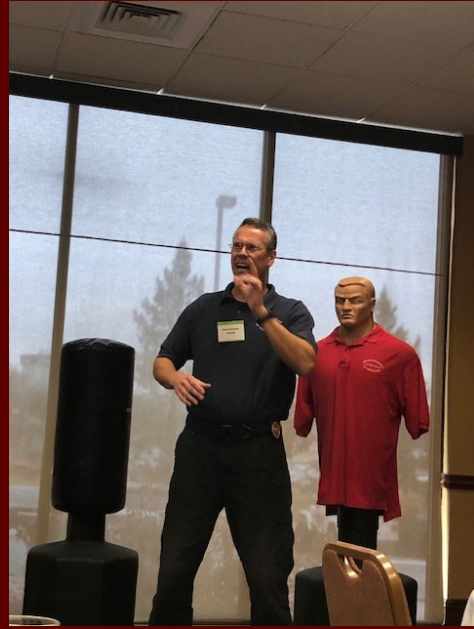
The December 13, 2018, SGMP MOCAP meeting was held at the Capitol Plaza Hotel in Jefferson City. Our host was Michele Braun and our sponsor was Paige Jones with the Elms Hotel and Spa. Thank you, Michele and Paige! The meeting was called to order by our president, Beth Rodeman. After attendees were introduced, reports were provided by the President, Treasurer, and Membership Chair. Terra Crane, Convention Sales Manager for the City of Columbia Convention and Visitors Bureau, then provided an update on the 2018 25th Anniversary/Holiday Extravaganza and Silent Auction, which proved to be a huge success. A big thank you goes out to Terra and her committee, as well as Kathryn Szwargulski, Director of Sales at the Embassy Suites by Hilton St.Louis~St. Charles Hotel and host of the event, for all their efforts. Beth then announced that Jim Jirik, Assistant Director of Sales at the Holiday Inn Country Club Plaza in Kansas City, has been named the new Charity/Fundraiser Board Liaison. Jim provided flyers for a Bunco party on January 25 so mark your calendars for this fun affair!

The program for the day was entitled “Personal Safety Self Defense Part 2” and was presented by Terri Martin and Daniel Hopkins from the Missouri Department of Corrections. The two began their presentation by talking about the value of situational awareness, in other words, being aware of what is going on around you so that you are not caught off-guard or surprised by someone who has bad intentions. Terri also stressed the importance of always thinking with a “what-if” frame of mind, not only taking in what is going on around you and your surroundings but adding to that, thinking about potential scenarios that could present themselves causing you harm or loss, and plotting out what you might do in each of those scenarios. She advised that thinking with a “what-if” perspective helps you to be prepared for the unexpected. Daniel then asked how many in the audience were carrying a weapon. Only a very few raised their hands because they had a concealed weapon, such as a gun. However, Daniel pointed out that everyone in the audience should be raising their hands because we ALL carry weapons with us at all times, including our voices, our hands, our fists, our knees, and so on, not to mention some purses (which because of the load they carry could be considered dangerous weapons, all by themselves!) The two went on to demonstrate a variety of situations where one individual accosts another, and how the second individual can get free. Daniel and Terry highlighted a number of ways that the intended victim can get the upper hand on the perpetrator.

When Terry and Daniel finished their presentation, I think most in the audience felt empowered to defend themselves until help arrives!







## Save the Date!



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|-------------|---|
| January 10  | Human Trafficking<br>Host: American Legion, Sharon Bertels<br>Speaker: Nanette Ward<br>Sponsor: Courtyard by Marriott, Lorie Jaegers  |
| February 14 | National Spokeswoman for Go Red for Women<br>Host/Sponsor: Canterbury Hill Winery<br>Speaker: Shermane Winters- Wofford<br>Sponsor: Lake of the Ozarks CVB, Lagina Fitzpatrick  |
| March 14    | Invisible and Visible Disabilities and Customer Service<br>Host/Sponsor: American Legion<br>Speaker: Anna Guthrie & Sarah George with Great Plains ADA Center<br>Sponsor: Embassy Suites, St. Charles, Kathryn Swargulski |
| April 11    | Are You Smarter Than A Meeting Planner?<br>Host: Capitol Plaza Hotel, Michele Braun<br>Speaker: Lorie Jaegers, Courtyard by Marriott<br>Sponsor: St. Charles / St. Louis Hampton Inn, Lee Ann Howlett                     |
| May 9       | ADA Lodging Best Practices & Standards<br>Host: Drury Hotels, Columbia, Leah Stotts<br>Speaker: Anna Guthrie & Sarah George with Great Plains ADA Center<br>Sponsor: Drury Hotels, Columbia, Leah Stotts                  |
| June 13     | Annual Chapter Awards Program<br>Host: American Legion, Sharon Bertels<br>Speaker: Terra Crane, Columbia CVB and Lorie Jaegers, Courtyard by Marriott<br>Sponsor: Embassy Suites, St. Charles, Kathryn Sqargulski         |
| July 11     | Recap of SGMP National Education Conference<br>Host: Canterbury Hill Winery<br>Speaker: NEC Attendees<br>Sponsor: St. Louis City Center, Julie Wense  |

## **Member Profile: Ramona Huckstep**

**Title:** Policy and Membership Associate

**Current Employment:** Missouri Municipal League

**How long have you been in the industry?** I have been with the Missouri Municipal League for 4.5 years. I have been working with communities and assisting with meeting planning for 23 years. I was previously with the Missouri Department of Natural Resources for 19 years.

**How long have you been in SGMP?** Many years with DNR and in my most recent position with the Missouri Municipal League, I have been a member for 4 years.

**How has your membership helped you?** My membership with SGMP has helped me by providing valuable training that relates directly to what I do. SGMP has also provided me with great networking opportunities related to speakers, topics and meeting suppliers.

**Worst meeting/event mishap:** It was actually after a meeting in St. Charles County that turned out to be an adventure. I drove with two project managers from the Missouri Department of Natural Resources to our meeting in Weldon Spring. The drive there from Jefferson City was uneventful but the weather forecast for later on that evening was not looking good. It was December in Missouri and you never know what you are going to get. By the time the meeting was over it had started to snow quite a bit, but we did the only thing we could and that was get on a main road and follow a snow plow. That worked until we followed the plow directly into a gas station where he parked. We decided to press on and finally came upon a hotel in St. Peters and that was the end of the road. Interstate 70 was closed, and we had nowhere else to go. So we checked into the hotel and thankfully the hotel gave us toothbrushes, toothpaste and we ordered a pizza and waited for morning when the roads were cleared.

**Most notable meeting/event moment:** I assisted with a very highly charged and emotional public meeting when I worked for the state. Citizens in a community had been told that their water and air had been impacted by hazardous waste. The folks attending the meeting were very angry and frustrated. We had the various state agencies give a presentation and explain historically what happened and what the next steps were. After that residents were given an opportunity to go up to the microphone and speak. Some cried and some yelled but what surprised me was after the meeting one of the residents who had spoken, approached me and hugged me and thanked me for giving the folks a safe place to talk and vent their concerns.

**Hometown:** Clifton, New Jersey

**Where do you see yourself in 10 years?** I hope I would be continuing to help cities, town and villages with issues and helping to educate elected officials and employees within the municipalities.

**Interesting fact you would like people to know about you:** I have a background in environmental science, specifically focusing on wildlife studies. My graduate work was through the University of Missouri – Columbia however I actually studied small mammals (mice and squirrels) in three urban forests in and around New York City.





### **CHECK US OUT**

Website—[www.sgmpmocap.com](http://www.sgmpmocap.com)

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Pinterest—SGMP MOCAP

National Website—[www.sgmp.org](http://www.sgmp.org)



## **Advertise with SGMP—MOCAP**

Our chapter newsletter is published twelve times a year and is sent to all MOCAP chapter members.

MOCAP offers advertising on our website or newsletter for \$200 each or for only \$350 suppliers can advertise in both, that's a great deal!

- Specifications for newsletter ads—high resolution PDF or Jpeg and can be business card size.
- Specifications for website—Company logo and link to Company website (needs to be a minimum of 200 pixels in width and either jpg, gif or photo available for scanning).

If you are interested in advertising in the MOCAP Gazette and/or on the MOCAP website, [sgmpmocap.com](http://sgmpmocap.com), please contact Lorie Jaegers at [ljaegers@kinseth.com](mailto:ljaegers@kinseth.com) or 573.443.8112.

## **Membership Report**

The November MMR report from SGMP shows the MOCAP chapter is holding strong with 35 planner members, 33 supplier members and 8 retired members totaling membership of 76.

### **Need to update your membership information?**

It's as easy as logging on to [www.sgmp.org](http://www.sgmp.org). You can update your contact information, renew your membership and even ask for an invoice to be sent for payment. You can also download the membership change form and submit directly to SMGP. There is \$25.00 fee to transfer a membership.

### **November 2018 Treasurer's Report**

We are currently at a balance of \$12,285.29 plus we have a \$1000.99 CD .